

APPENDIX A: INSTRUMENT

Answer the following statements based on the following degrees of agreement:

1 = Disagree; 2 = Somewhat disagree; 3 = Neither agree nor disagree; 4 = Somewhat agree; 5 = Agree

Items	1	2	3	4	5
I continue to watch pornography even though I intend to stop.					
I feel guilty after consuming pornography.					
I feel like I have difficulty controlling or reducing my pornography consumption.					
I feel uncomfortable after watching pornography.					
I have tried without success to stop using pornography.					
I continue to consume pornography despite feeling guilty.					
I feel like pornography is like a drug to me.					

APPENDIX B: DELETED ITEMS

6. Me encuentro pensando en cosas sexuales la mayor parte del día <i>[I find myself thinking about sexual things most of the day]</i>
7. La pornografía me hace procrastinar <i>[Pornography makes me procrastinate]</i>
8. Lo primero que hago al despertarme es ver pornografía <i>[The first thing I do when I wake up is watch pornography]</i>
11. Me siento relajado después de ver pornografía <i>[I feel relaxed after watching pornography]</i>
12. He tenido conflictos con mi pareja o una posible pareja por consumir pornografía <i>[I have had conflicts with my partner or a potential partner over consuming pornography]</i>
13. Siento que ver pornografía ha causado problemas en mi vida sexual <i>[I feel that watching pornography has caused problems in my sex life]</i>
14. Le miento a mis personas cercanas sobre mi consumo de pornografía <i>[I lie to those close to me about my pornography consumption]</i>
15. He notado que sexualizo más al género que me atrae desde que consumo pornografía <i>[I have noticed that I sexualize the gender I am attracted to more since I consume pornography]</i>
16. Prefiero consumir pornografía que tener intimidad sexual <i>[I would rather consume pornography than have sexual intimacy]</i>
17. Sigo viendo pornografía a pesar de tener relaciones sexuales <i>[I continue to watch pornography despite having sex]</i>
18. Considero que debo de ver pornografía para tener una masturbación placentera <i>[I consider that I must watch pornography to have pleasurable masturbation]</i>
19. Me excito solamente cuando veo pornografía <i>[I only get aroused when I watch pornography]</i>
20. Siento que necesito ver pornografía por más tiempo para satisfacerme <i>[I feel like I need to watch pornography for longer to satisfy myself]</i>
21. Consumo pornografía cada vez más intensa <i>[I consume increasingly intense pornography]</i>
22. Obtengo más placer consumiendo pornografía que teniendo intimidad sexual <i>[I get more pleasure from consuming pornography than from having sexual intimacy]</i>